



## Monday, February 15 Presidents Day Holiday – No School

- Summit Activities Center. Open 5:00am to 10:00pm. \$1 day passes apply to all classes and open swims.
- **HALF PRICE YANKTON SUMMER SEASON POOL PASSES THIS WEEKEND ONLY! Must purchase at the Summit Activities Center.**
- **Heart Healthy Nutrition Class taught by Register Dietitian Nutritionists Kat Howard MS, RDN, LN and Kenny Tomek RDN, LN**
  - **7:00pm – Class will be in the Summit Activities Center meeting rooms**
  - FITNESS CLASSES:

6:00am	Boot Camp
8:30am	Water Aerobics
9:30am	Water Exercise
12:10pm	Yoga
5:15pm	Workout Express
5:30pm	Water Aerobics
5:45pm	Power Abs
6:00pm	Tabata
  - No School Special 1:00pm – 4:00pm.
  - OPEN SWIM 6:30pm – 8:30pm.
- Kiwanis 4-H Ice Center. 709 Whiting Drive. 665-0229.
  - 1:00pm – 3:45pm. Open Skate. \$5 admission.

## Tuesday, February 16 No School

- Summit Activities Center. Open 5:00am to 10:00pm. \$1 day passes apply to all classes and open swims.
- **HALF PRICE YANKTON SUMMER SEASON POOL PASSES THIS WEEKEND ONLY! Must purchase at the Summit Activities Center.**
- FITNESS CLASSES:

8:30am	Water Aerobics
12:15pm	Workout Express
5:15pm	Workout Express
5:15pm	Slow Flow Yoga
5:45pm	Power Abs
6:00pm	Tabata
6:30pm	Zumba
- FREE Optimist Swim & Gym for youth 1:00pm – 4:00pm.
- Yankton Library Display & Materials to check-out. 515 Walnut Street. 668-5275.
  - 9:00am – 8:00pm. Display of exercise DVD's and books related to healthy lifestyles.
- Kiwanis 4-H Ice Center. 709 Whiting Drive. 665-0229.
  - 1:00pm – 3:45pm. Open Skate. \$5 admission.