

Presented by Missouri Valley Master Gardeners



Starting Seeds

Advantages:

- Save money
- Go organic
- Experiment-varieties
- Set your own schedule
- Grow a gardener

<u>Disadvantages</u>

- Equipment
- Time consuming
- Timing
- Light



Know your frost date

Average dates of last frost

Zone 4: May 10

Zone 5a: April 30

 Start indoors 6-8 weeks prior to expected planting date

 A good guide to remember: Mother's Day



Germination Times

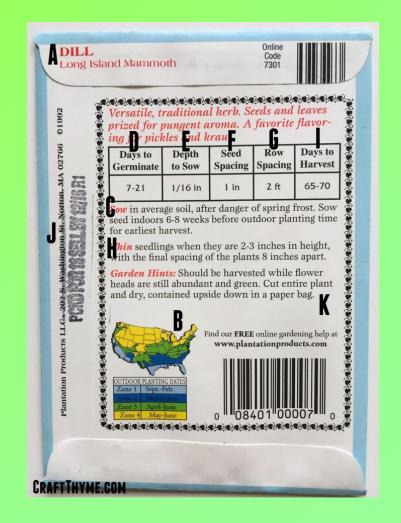
- FLOWERS
- Range from 4 to 20 days
- Many seeds are very small and need only a sprinkle of covering

- VEGETABLES
- Range from 5 to 20 days
- Some require added heat to germinate



Seed Packet 101

- A. Name / Variety
- B. Zone planting
- C. How to plant
- D. Germination
- E. Depth to sow
- F. Seed spacing
- G. Row spacing
- H. Thinning
- Days to harvest
- J. Sell by date
- K. Extra information



Test Germination





- Fold paper towel into fourths
- Place into a zip-lock plastic bag
- Moisten until damp
- Place 5-10 seeds on towel & seal bag
- Determine germination percentage; plant accordingly

Special Treatment

Stratification: break down seed coat

- Temperature
 - Refrigerate in sealed container

Butterfly bush, catmint

- Water
 - Soak in warm water for 12-24 hours; plant immediately

Nasturtium, sunflowers, sweet peas, peas, corn, squash, melons

Scarification: scratch or nick hard seed coat

morning glories, purple hyacinth beans, cannas





Gather Supplies

- Starting mix
- Containers
- Tweezers
- Heat mat (optional)
- Lights
- Timer (optional)
- Fan (optional)





Containers





- Commercial plastic pots
 - Sterilize if reusing (1 part bleach: 10 parts water)
- Recycled plastic cartons
- Styrofoam cups
- Newspaper pots

Starting Mix

Needs to be light-weight and sterile

- Commercial
- Mix your own:
 - 4 parts screened, sterile compost
 - 1 part perlite
 - 1 part vermiculite
 - 2 parts coir (coconut fiber) or sphagnum moss



NOT garden soil!

Planting



- Moisten starting mix
- Label container
- Fill container close to top
- Plant seeds
- Mist with water
- Cover with plastic
- Keep out of direct sunlight
- Control temperature

Light & Water

- Natural light hard to provide
- Fluorescent light
 - 16 hrs / day
 - 1 warm, 1 cool bulb
 - Keep close to plants (2-5" above leaves)
- Water from below (capillary mats);
 mist from above



Light sources





DIY with shop lights



Purchased system

Getting Ready for the Garden



- Use good growing medium: potting soil
- Transplant when 2 sets of leaves
- Fan provides wind
- Harden
 - Start with 1 hr in shade
 - Gradually increase time & sun exposure

Biodegradable Pots



Supplies:

Newspaper cut in strips (don't use colored paper)

Tin can

Instructions

Resources

- http://extension.illinois.edu/veggies/broccoli.cfm (growing broccoli)
- https://extension.psu.edu/vegetable-plantingand-transplanting-guide
- https://www.farmforum.net/2018/02/16/igrowgardening-seed-propagation-and-seeddormancy/
- https://www.youtube.com/watch?v=P8qPAV-LDnM (paper pot video)
- Richerson, Sheri Ann, The Complete Idiot's Guide to Seed Saving & Starting, 2012.

Vegetable of the Month: Broccoli

