# **Medical Assistance for Uninsured and Underinsured\***

Yankton Area Rev. 5/15/17

#### **Ask-A-Nurse**

**Avera McKennan**, Sioux Falls. Toll-free, 24 hours/day... To know whether must see doctor or can do home remedies. (800) 658-3535 option 1.

#### **Free Medical Clinics**

**Servant Hearts Clinic (SHC)**, 232 Capital St., Yankton. Open 5:30-8 p.m., 1<sup>st</sup> and 3<sup>rd</sup> Mondays monthly. Limited to care of urgent, non-emergency conditions. Pastoral, mental health and behavioral health care and social services provided. 1<sup>st</sup> come, 1<sup>st</sup> served. No appts. 760-2986.

**Health Care Clinic Avera Health**, 300 N. Dakota, Sioux Falls, (605) 322-6800

Urban Indian Health, 711 N. Lake Ave, Sioux Falls, (605) 339-0420

#### **Sliding-Scale Fee Clinics**

**Yankton Community Health Center and Dental Services** 

(Horizon Health Care Inc.), general family practice and dental. No one will be denied service based upon ability to pay. Income-based. Mon, Weds, Thurs, Fri 8 am-5 pm, Tues 9 am-6 pm. Dental closed Thurs. Avera Sacred Heart Pavillion, 409 Summit, Suite 3400, Yankton. 260-0310

**Falls Community Health**, Accepts all patients. General family practice services & dental. Bill based upon income. Lowest charge \$15 medical, \$35 dental. 521 N. Main, Sioux Falls (605) 367-8793

**Siouxland Community Health**, 1021 Nebraska St., Sioux City, IA and 3410 Futures Dr, S. Sioux City, NE. (888) 371-1965. Sliding-scale fee.

**Veterans Affairs Medical Center**, free or low-cost medical services for veterans. 2501 W 22<sup>nd</sup> St. Sioux Falls (800) 316-8387

#### **Dental Assistance**

**Yankton Community Health Center and Dental Services,** general family practice and dental services regardless of insurance status or ability to pay. Billed based on income, lowest charge \$25 medical, \$35 dental. Mon, Weds, Thurs, Fri 8 am-5 pm, Tues 9 am-6 pm. Dental closed Thurs. Avera Sacred Heart Pavillion, 409 Summit, Suite 3400, Yankton. 260-0310

**Falls Community Health** 521 N. Main, Sioux Falls. (605) 367-8022. Accepts Medicaid eligible, pregnant, diabetic, under age 18 patients. Also accepts emergency patients. \$35 plus billed based on income.

**USD Vermillion Dental Clinic**. East Hall, Room 120, Vermillion (605) 677-5378. Reduced fee.

**USD Sioux Falls Dental Clinic**. 521 N. Main, Sioux Falls. (605) 367-8046. Reduced fee.

**Donated Dental Services**, Brenda Goeden. Free dental services for elderly or disabled. (866) 551-8023.

**Siouxland Community Health**, 1021 Nebraska St., Sioux City, IA and 3410 Futures Dr, S. Sioux City, NE. (888) 371-1965. Sliding-scale fee.

#### **Vision Assistance**

**Lion's Club** – Assistance with eyeglasses & hearing aids. Applications at Contact Center. Sioux Falls club (888) 735-4667 for questions.

**WWW.EYECAREAMERICA.ORG** – Possible free exam if over age 65, no exam past 3 years or risk for glaucoma.

#### Women's Health Needs

**All Women Count** – Free breast & cervical cancer screening for women aged 30-64. Income-based. www.getscreened.sd.gov. (800) 738-2301.

#### Family Planning Yankton Community Health Center

(Horizon Health Care Inc.) Education, counseling, nursing, medical, birth control, pregnancy, sexually-transmitted disease testing. Income-based. Open Mon, Weds, Thurs, Fri 8 am-5 pm, Tues 9 am-6 pm. Avera Sacred Heart Pavilion. 409 Summit Ste 3400. Yankton. 260-0310.

#### **Prescription Assistance**

**Contact Center** – Possible prescription assistance if immediate need and funds available. No narcotics. 321 W. 3<sup>rd</sup> St., 260-4400 option 2.

**Indigent Medication Program** – Provides temporary financial support for psychotropic or alcohol cessation medications and/or lab costs to eligible individuals while other funding options are identified. (605) 773-3123.

**FamilyWize Discount Card** – No fee. Discount card suggesting 30% savings. Intended to help people who don't have any prescription coverage. <a href="www.familywize.org">www.familywize.org</a> or (866) 810-3784.

**Partnership For Prescription Assistance - www.pparx.org** or 1-888-4PPA-NOW (1-888-477-2669). No fee. Programs listed offer free or low-price medicines. Each program has its own guidelines. Must have no current prescription insurance.

**WWW.GOODRX.COM** – Website and mobile phone app to find the best price for your medication in your community.

**WWW.NEEDYMEDS.ORG** – Website with clearinghouse for applications for free/reduced drugs through manufacturer. Need to select each drug individually. (800) 503-6897.

**Your Doctor** - Ask about free samples or if can change prescription to generic or one that would be \$4 or less per fill.

#### **Mental Health/Counseling**

**Lewis & Clark Behavioral Health**, 1021 Walnut St., 665-4606. Sliding-scale fee.

**Family Education and Counseling Center**, Rev. Rod Veldhuisen, 1700 Burleigh St., 260-9284. Non-profit, faith-based. Sliding-scale fee.

**USD Counseling & Therapy Center**, 210 Delzell Education Building, (605) 677-5250. No fee.

**USD Psychological Services Center**, South Dakota Union, Room 112. (605) 677-5354. Sliding-scale fee.

**USD Student Counseling Center**, Cook House. (605) 677-5777. No Fee. USD students only.

#### Wheelchairs, Canes, Crutches, Walkers, Bathroom Benches, Toilet Risers, Hearing Aids

**Hear Now Program** – Hearing aids for low-income. Email <a href="mailto:hearnow@starkeyfoundation.org">hearnow@starkeyfoundation.org</a> or call (800) 328-8602.

**HME Exchange**. 40<sup>th</sup> & Minnesota Ave, Sioux Falls. Used scooters, power chairs, lift chairs, wheelchairs, transport chairs, bathroom safety items. (605) 271-4639.

**Lion's Club** – Assistance with eyeglasses & hearing aids. Applications at Contact Center. Sioux Falls club (888) 735-4667

**Pierre Area Senior Citizens Center** – Digital hearing aids for \$75 if qualified. Applicant must pay for hearing test. 401 W. Pleasant, Pierre. (605) 224-7730

**Recycle For Life Program**, Refurbished durable medical equipment. Oahe, Inc. 125 W Pleasant Dr., Ste. 1, Pierre, (605) 224-4501. Email: <a href="mailto:info@oaheinc.com">info@oaheinc.com</a>.

#### County Help to Pay Bills or See Doctor

**Contact Center -** Indigent Medical Fund. For low-income uninsured Yankton County residents. Possible county assistance to pay bills or gain access to necessary, immediate-need care. Repay county as able. County will put lien on house if one owned, but will not charge interest, affect credit or harass with collection calls. Lien repaid when house sold. Applications at Contact Center, 321 W. 3<sup>rd</sup> St., 260-4400 option 2.

#### **Diabetes Resources (see also Prescription Assistance)**

Yankton Community Health Center and Dental Services, general family practice and dental services regardless of insurance status or ability to pay. Billed based on income, lowest charge \$25 medical, \$35 dental. Mon, Weds, Thurs, Fri 8 am-5 pm, Tues 9 am-6 pm. Dental closed Thurs. Avera Sacred Heart Pavillion, 409 Summit, Suite 3400, Yankton. 260-0310

#### Glucose Strip Manufacturers -

http://www.diabetescare.net/authors/amy-hess-fischl/assistance-for-glucose-meters-and-test-strips Often provide co-pay cards for users of their blood glucose meters. The co-pay cards either reduce or eliminate co-pays associated with test strip purchases. There are usually no income or insurance eligibility limits. For details, call the toll-free number on the back of your glucose meter.

**Lilly Cares** – <a href="www.lillycares.com">www.lillycares.com</a>. Patient assistance program for users of Eli Lilly insulin and other medications. Free insulin provided through coupons supplied to physician. (800) 545-6962.

**Medtronic** – <u>www.cr3diabetes.org</u> Maker of insulin pumps and pump supplies offers financial assistance for those who use (or are looking to use) insulin pumps. (919) 303-6949.

**Novo Nordisk** – <a href="www.novonordisk-us.com/patients/patient-assistance-programs/diabetes-care.html">www.novonordisk-us.com/patients/patient-assistance-programs/diabetes-care.html</a> Patient assistance program providing free insulin, pen needles and glucagon kids for those who fail to qualify for government-sponsored programs, do not have private insurance and fall below a certain income level. (866) 310-7549.

#### Sanofi (Aventis) Pharmaceutical Patient Assistance Connection

- www.sanofipatientconnection.com Patient assistance program that provides free insulin to those who fail to qualify for government-sponsored programs, do not have private insurance and fall below a certain income level. (888) 847-4877.

**Veterans Affairs Medical Center**, free or low-cost medical services and diabetic supplies for veterans. 2501 W 22<sup>nd</sup> St, Sioux Falls (800) 316-8387

**WIC Program** – Women with pre-existing diabetes who become pregnant, as well as those who develop gestational diabetes, may be eligible for assistance with grocery costs if certain criteria are met. Visit <a href="https://www.fns.usda.gov/wic">www.fns.usda.gov/wic</a>. 321 W 3<sup>rd</sup>, Suite B01. 260-4400 option #1.

#### **Cancer Resources**

**Cancer Info Center** – Information regarding cancer types, treatment options and clinical trials. (800) 422-6237. www.cancer.gov.

#### **Poison Control**

**Poison Control Hotline** – 24 hours/day, 7 days/week. Also can use web poison control online tool at <a href="www.poison.org">www.poison.org</a>. (800) 222-1222.

#### **Medical Crisis Advocacy**

Patient Advocate Foundation - Mediation and arbitration services for patients with chronic, debilitating or life-threatening illnesses with a medical debt crisis, insurance access issues or job retention issues. (800) 532-5274.

# **Health Insurance Marketplace**

The Health Insurance Marketplace will help you get coverage that meets your needs and fits your budget.

## www.healthcare.gov

Questions answered by a customer service representative at (800) 318-2596

## Normal annual enrollment period: November 1st – December 15th.

You may qualify for a special enrollment period due to loss of private health insurance or Medicaid/Medicare, change in household size (married, had baby, divorce, death), moved, released from prison and some other life circumstances. You generally have 60 days to enroll after a qualifying event.

### Need assistance navigating through the health insurance options at the Marketplace?

For Yankton and Hutchinson Counties contact Rural Office of Communications (ROCS) certified marketplace navigator, Jennifer Grassrope, at (605) 469-5363. Email is <a href="mailto:jgrassrope@rocsinc.org">jgrassrope@rocsinc.org</a>.

For Turner County Contact contact Interlakes Community Action Program (ICAP) certified marketplace navigator, Tina Andree, at (605) 334-2808. Email is <a href="mailto:tandree@interlakescap.com">tandree@interlakescap.com</a>.

#### Corrections/additions: Mike Gillis, Social Services, 668-3030 ext. 214

\* Please note these are resources we are aware of. Social Services does not advocate one service over another or guarantee service.