

What to Expect ... continued

- Throughout the process, **you can expect to be respected and your voice to be heard.**
- If you and the **Care Coordinator** feel that a team meeting might be beneficial, they will arrange and facilitate a meeting. All the important people in your child's and your life will meet to work as a team and develop an action plan uniquely for your child and your family.

Systems of Care Coordinator(s):

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Systems of Care



Lewis and Clark Behavioral Health Services

What is Systems of Care?

The community has a wealth of resources designed for the well-being and success of our youth. However these resources often have different requirements and areas of aid. In an effort to help find and utilize these resources, Lewis and Clark Behavioral Health Services has created a **Systems of Care—Care Coordinator** to work with children/youth and their families in partnership with the schools.

This **Care Coordinator** will meet with parents and youth and identify what's working in their life and what isn't. Together, they will create a **plan of action** based on the student and their family's challenges, dreams and goals. Each plan will be unique to each family's situation.

The **Care Coordinator's** goal will be to assist and connect resources to student and families for optimum support; all team members working together toward the goal of each student's success.



What do you need to know?

- You will be asked to identify your family's **strengths** and **needs**.
- You will be asked to consider a variety of **actions** to meet your needs.
- You may be asked to be part of a **team** to better develop an **action plan**.
- You and the **Coordinator** will frequently evaluate whether the plan is getting the **results** or **outcomes** that you want.
- Your action plan may change to stay current with family situation.

What to expect:

- You can expect the **School Counselor** or **Administrator** to contact you and briefly explain the Systems of Care process and ask if you would be interested in participating.
- You can expect the **Care Coordinator** to contact you and get to know you, your family, and your strengths and needs as well as answer any questions about the SOC process.
- You can expect that the **Care Coordinator** will ask you to **sign papers** so that they can talk to other people helping to develop your **action plan**.
- You can expect, at least initially, **weekly contact**, in person or by phone, to include you in each step of the action plan. *Continued on next page...*